



ZONTA CLUB BOURGAS

“To support the talent“

<p>What did the Service project involve ?</p>	<p>“To Support the Talent” is a scholarship programme of Zonta Club Bourgas aiming to support young people. The project assists talented adolescents from low-income families – the club awards annual scholarships to up to 10 such recipients. In October each year, the eligibility criteria are announced and during a special panel called “Scholarships and Education” interviews are held, to select successful applicants. Adolescents can apply in the fields of Math, Literature, Sport and Culture. The awardees are introduced to the public at the Zonta Club of Bourgas annual Charity ball. The club holds monthly meetings with the adolescents to learn about their attainment and personal development. In 2020, a special Scholarship Awardee section was added to the online social media channels of the club, where the awardees can present themselves and share their achievements via prerecorded videos, aiming at setting an example to their peers. In the period October 2019-June 2021, Zonta Club Bourgas has supported over 20 gifted adolescents and awarded scholarships of over 10'000 euros.</p>
<p>Why was the project chosen ?</p>	<p><A study in Bulgaria showed that 27% of adolescent girls do not go to school, nor work. Most of them are from impoverished families and are often excluded from any development. Bearing these facts the club decided to provide opportunities to such young girls and boys, supporting their talent and serving the local community,</p>
<p>Who benefited from it ?</p>	<p>Over 20 adolescents who are capable to achieve great educational career and other goals, as well as their families. But the final benefit is for the society.</p>
<p>The results achieved</p>	<p>The awardees developed their talents in different fields and increased their performance in school. Most of them are winners of International and National awards – one of the young women broke a 36-years old swimming record, another one was the first ever participant awarded the highest possible ranking in Australian kangaroo Math competition. Except the personal achievements, Zonta club of Bourgas’ scholars are a great example for the entire adolescents in Bulgaria.</p>
<p>How did the project fulfill the Zonta Mission ?</p>	<p>Most of the awardees are girls and thanks to the program, are now empowered to make their dreams come true and continue their education. Educated young women will become empowered women.</p>



ZONTA CLUB ALESSANDRIA

“Adozione KM zero. Sostegno al cubo - Progetto a sostegno delle donne piu’ vulnerabili, rese piu’ fragili dall’emergenza Covid “

What did the Service project involve ?

Zonta Club Alessandria - aware of the negative economic effects of the pandemic - decided to allocate € 8,000 to the local anti-violence center and to an association that deals with job reintegration, support for single-parent families, and combating educational poverty. We have ensured work grants with a value ranging between 300 and 400 euros to women in difficulty and in doing so we have allowed them: to support themselves financially while they were looking for a new job or job retraining; to afford the cost of a babysitter (and this secured a job for a second woman); not to leave their children alone and to guarantee them basic educational services to avoid a cultural impoverishment that is difficult to recover. It had been possible to meet this commitment thanks to the reserve fund established with the proceeds of the 2003 District Conference held in Alessandria, to the generosity of our members (for each canceled event, the Zontians paid the equivalent of the profit that the Club would have had in case of carrying out the initiative) and with fundraising actions that involved 13 Zonta Clubs in the United States (ANCHORAGE, BILLINGS, ORLANDO, etc) , in Area 03 and the Club of Friborg. (Area 04), our twin Club: 250 Zonta's masks and 500 Zonta chocolate pockets were offered to raise the necessary funds. A fundraising action and at the same time a successful social marketing initiative, very well emphasized by the local press.



Why was the project chosen ?

In Alessandria, the covid-19 emergency made women already vulnerable due to domestic violence, or job loss after maternity, more fragile. We had to take care of these fellow citizens of ours, help them re-enter the world of work to regain self-esteem, ensure a future for their children, guaranteeing them adequate educational services.

Who benefited from it ?

Vulnerable and fragile women due to domestic violence, or job loss after maternity.

The results achieved

Each help represented a beautiful story: a mother with two children, one 3 years old and the second 18 months, was able to return to work after a few months of unemployment, in the meantime she was helped by us with microcredit. In another case, our contribution allowed a 6-year-old girl to attend Summer Camp, helping her to overcome the fear of returning to interacting with other children after months of lockdown. We helped a family accompanying them towards economic autonomy by paying some domestic utility bills, powdered milk and diapers for the baby. But our best result concerns the women victims of violence who are staying with their children in the shelters of the refugees: our work bags have helped them to reintegrate, picking up the threads of their lives.

How did the project fulfill the Zonta Mission ?

Female empowerment through realizing her potential is our goal. We have achieved this by strengthening self-esteem, creating the conditions for reintegration into work and for the construction of a new life coming out of a path of domestic violence. But we have also responded to another strength of our mission: to ensure education for all.

ZONTA CLUB VELIKO TURNOVO

“Be Healthy” Service in Healthcare



<p>What did the Service project involve ?</p>	<p>This project aims to give opportunity to young girls and women to gain health skills and knowledge, to assure equal access of women and girls from poor families, women – victims of domestic violence, women living alone, elderly women from social homes for elderly people -equal access to health care services by providing gynecological, pulmological and oftalmological medical services. Many seminars were organized and medical equipment was bought for the gynecological clinics in town.</p>
<p>Why was the project chosen ?</p>	<p>The project was important fo the community because many women did not have an opportunity to visit a doctor during the COVID-19 pandemic, many women were afraid of the virus and did not go out (old women), many women and girls did not leave their homes being afraid to get sick. The medical teams in hospitals needed support due to the fact that the state did not assure protective equipment for the medics and we wanted to show respect to these people who risked their lives.</p>
<p>Who benefited from it ?</p>	<p>The young girls and women from poor families, mothers, pregnant women, elderly women who live alone, elderly women from elderly homes, the medics at the gynecological division of the hospital in the town, pregnant women. One of the purposes was to give a chance to women for medical checks, many of the women do not have an access to medical care due to social, religious, ethnical or economic status.</p>
<p>The results achieved</p>	<p>“School for future motherhood” – 20 practical demonstrations, seminars and education for pregnant women – 2019-2020. Free medical checks and consultations for 734 women from gynecologist, cardiologist, oncologist, pulmologist for early diagnostics and healing of breast cancer – Feb 2020 – March 2021. 109 women were directed for further diagnostics. Post Covid19 support – many women who met the virus had health issues and we assured 225 medical checks in Feb-March-April 2021. Donation of medical and protective equipment for the maternity department of the local hospital May 2020-April 2021.</p>
<p>How did the project fullfill the Zonta Mission ?</p>	<p>One of the most important missions of Zonta is to educate young women and girls with health skills and useful knowledge. During the COVID-19 pandemic the poorest and the low educated women and girls suffered the most. The level of domestic violence was increased significantly with more than 30%. We gave to these women psychological support as well as medical checks for the consequences of the virus, We showed that together we can win any fight. Zonta always fights for a better medical care where it is possible and we bought equipment to serve the whole community.</p>

